



The International School of Macau Menu - February 2012



Menu A: International
Menu B: Asian
Menu C: Healthy

Enrolment Information

Please indicate choice of meal on the selection column and complete the student details at the bottom of this form and return with cheque payable to Sodexo (Macau) Ltd.

For late enrolment, please email to vitorino.dias@sodexo.com and the originals form along with payment returned to the school as soon as possible

Monthly Enrolment Fee

MOP \$ 630 (21 Days x \$30) Kinder
MOP \$ 672 (21 Days x \$32) Primary
MOP \$ 714 (21 Days x \$34) Secondary

Lunch Cancellation

Lunch cancellations can only be applied for sick leave or in the event of the school being closed etc. For sick leave, please notify us on the above telephone or email before 8am daily. A lunch coupon will be forwarded to you for use for the following month's enrolment. Late notifications and other personal reasons for cancellation of enrolled lunches will not be accepted.

Contact Information

For monthly menu's, you can also visit our website or contact us as follows:
www.sodexoeducation.com
E-mail : unit.tis.mu@sodexo.com
Telephone Number : 853 62085348

	Monday	Tuesday	Wednesday	Thursday	Friday
			1-Feb	2-Feb	3-Feb
A			Japanese Deep Fried Pork Chop w/ Roast Potatoes	Teriyaki Chicken w/ Rice & Vegetable	Stroganoff Beef w/Rice & Vegetable
B			Portuguese Fried Rice w/ Vegetable	Braised To-Fu with Minced Pork and Mushroom w/Rice	Fish & Chips
C			Grilled Fish Fillet w/ Rice & Vegetable	E-Fu Noodle with Mushroom	Ham & Spaghetti in Tomato Sauce w/ Vegetable
	6-Feb	7-Feb	8-Feb	9-Feb	10-Feb
A	Glueinous Rice Steamed In Lotus Leaf	Crumbed Chicken with Tartar Sauce and Rice	Braised Sweet Soy Chicken w/Rice & Vegetable	Stroganoff OX Touge w/Rice & Vegetable	Milk Pork Loin w/ Rice & Vegetable
B	Braised Beef and Turnips w/ Vegetables & Rice	Chili Con Carne & Rice w/Vegetable	Japanese Fried Rice	Fish Fillet in Corn Sauce w/ Rice and Vegetable	Steam Beef in Preserved Vegetable w/Rice
C	Fried Rice with Chicken, Ham and Sweet Corn	Shredded Pork and Preserved Cabbage Braised Vermicelli	Penne and Cheese w/ Vegetable	Fried Mixed Noodle	Japanese Style Fried Udon w/ Vegetable
	13-Feb	14-Feb	15-Feb	16-Feb	17-Feb
A	Roasted Pork Sausage w/Mash Potato	Braised Pork Fillet w/ Vegetables & Rice	Chicken Cutlet w/Roast Potatoes and Vegetable	Grilled Pork Chop in Onion Sauce w/ Rice & Vegetable	Beef Goulash w/ Roasted Potatoes
B	Steamed Pork cake in Dried Radish w/Rice & Vegetable	Steamed Tofu with Fish Paste w/ Rice & Vegetable	Xiamen Fried Rice	Minced Beef w/ Rice and Vegetable	Fish Cutlet w/ Roast Potatoes and Vegetable
C	Yang Zhou Fried Rice w/ Vegetables	Tuna Spaghetti w/ Vegetable	Grilled Fish Fillet in Dil w/ Rice & Vegetable	Chicken & Spaghetti in Tomato Sauce w/ Vegetable	Portuguese Fried Rice w/ Vegetable
	20-Feb	21-Feb	22-Feb	23-Feb	24-Feb
A	Portuguese Style Pork Fillet w/Rice & Vegetable	Chicken A La King w/Rice & Vegetable	Crumbed Fish with Tartar Sauce, Potato Mash	Thai Style Deep Fried Fish w/Roast Potatoes and Vegetable	Grilled Pork Chop in Onion Sauce w/ Mash Potatoes & Vegetable
B	Sweet and Sour Fish w/Rice & Vegetable	Singapore Fried Noodle	Braised Chicken with Pumpkin, Rice & Vegetable	Chinese Style Steam Chicken w/Rice & Vegetable	XO Sauce Fried Noodle
C	Home-made Steamed Pork Patty w/ To-Fu, Corn, Steamed Rice and Vegetable	Mushroom w/Spaghetti in Tomato Sauce and Vegetable	Onion Fried Rice with Chicken and Ham	Mushroom in White Sauce w/ Spaghetti and Vegetable	Ham, Mushroom and SweetCorn Fired
	27-Feb	28-Feb	29-Feb		
A	Grilled Chicken in Coconut Sauce w/ Rice & Vegetable	Macanese Style Bake Fish w/ Potato	Stroganoff Beef w/Rice & Vegetable		
B	Chinese Style Steam Fish w/Rice & Vegetable	Thai Pineapple Fried Rice	Glueinous Rice Steamed In Lotus Leaf		
C	Penne w/ Ham and Vegetable	Roast Eggplant and Bacon with Mixed Herbs / Rice	Grilled Chicken in White Sauce w/ Spaghetti and Vegetable		

~Please return this page to the school

Date of Feb 2012	1	2	3	6	7	8	9	10	13	14	15	16	17	20	21	22	23	24	27	28	29	
Menu Choice																						

Student Name : _____

Class : _____

Date : _____

Parent Name : _____

Contact No. : _____

Cheque No. : _____