



The International School of Macau Menu - January 2012



Menu A: International
Menu B: Asian
Menu C: Healthy

Enrolment Information

Please indicate choice of meal on the selection column and complete the student details at the bottom of this form and return with cheque payable to Sodexo (Macau) Ltd.

For late enrolment, please email to vitorino.dias@sodexo.com and the originals form along with payment returned to the school as soon as possible

Monthly Enrolment Fee

MOP \$ 510 (17 Days x \$30) Kinder
MOP \$ 544 (17 Days x \$32) Primary
MOP \$ 578 (17 Days x \$34) Secondary

Lunch Cancellation

Lunch cancellations can only be applied for sick leave or in the event of the school being closed etc. For sick leave, please notify us on the above telephone or email before 8am daily. A lunch coupon will be forwarded to you for use for the following month's enrolment. Late notifications and other personal reasons for cancellation of enrolled lunches will not be accepted.

	Monday	Tuesday	Wednesday	Thursday	Friday
	2-Jan	3-Jan	4-Jan	5-Jan	6-Jan
A	E-Fu Noodle with Soya Sauce	Minced Beef w/ Rice and Vegetable	Portuguese Style Fried Rice w/Vegetable	Beef Burger w/ Chips	Glueinous Rice Steamed In Lotus Leaf
B	Teriyaki Chicken w/ Rice & Vegetable	Roast Pork Fillet w/ Rice and Vegetable	Beef Goulash w/ Rice & Vegetable	Grilled Fish in Tomato Sauce w/Rice & Vegetable	Milk Pork Loin w/ Rice & Vegetable
C	Chinese Style Steam Fish w/ Rice & Vegetable	Mixed Mushroom Spaghetti in Tomato Sauce w/ Vegetable	Penne in White Sauce and Ham w/ Vegetable	Chicken and Ham Fried Rice w/ Vegetable	Grilled Fish Fillet in Dill w/ Rice & Vegetable
	9-Jan	10-Jan	11-Jan	12-Jan	13-Jan
A	Grilled Chicken in Coconut Sauce w/ Rice & Vegetable	Pork Cutlet w/ Roasted Potato & Vegtable	Stroganoff Beef w/Rice & Vegetable	Roasted Pork Sausage w/Roast Potato	Fish Cutlet w/ Roasted Potato & Vegetable
B	Sweet and Sour Fish w/Rice & Vegetable	Japanese Fried Rice	Lemon Grass & Ginger Chicken w/ Rice & Vegetable	Portuguese Style Baked Chicken w/ Rice and Vegetable	Smoked Duck Breast in French Style w/ Rice & Mixed Vegetables
C	Ham & Spaghetti in Tomato Sauce w/ Vegetable	Fish Fillet in Corn Sauce w/ Rice and Vegetable	Home-made Steamed Pork Patty w/ Mushroom, Steamed Rice and Vegetable	Western Steam Fish w/Rice & Vegetable	Macanese Style Minced Beef w/Spaghetti & Vegetable
	16-Jan	17-Jan	18-Jan	19-Jan	20-Jan
A	Braised Beef and Turnips w/ Vegetables & Rice	Crumbed Chicken w/ Roasted & Vegetable	Braised Chicken with Pumpkin, Rice & Vegetable	Braised Beef w/ Rice and Vegetable	Crumbed Fish with Tartar Sauce, Potato Mash and Vegetable
B	Chinese Style Grilled Chicken w/ Rice & Vegetable	Chinese Style Steam Fish w/Rice & Vegetable	Steamed Pork cake in Dried Radish w/Rice & Vegetable	Portuguese Fried Rice w/ Vegetable	Chili Con Carne & Rice w/Vegetable
C	Grilled Fish w/Rice & Vegetable	Japanese Style Fried Udon	Fried Mixed Rice Noodle	Grilled Fish Fillet w/ Rice & Vegetable	Portuguese Style Pork Fillet
	23-Jan	24-Jan	25-Jan	26-Jan	27-Jan
A	Holiday	Holiday	Holiday	Holiday	Holiday
B					
C					
	30-Jan	31-Jan			
A	Grilled Pork Chop in Onion Sauce w/ Rice & Vegetable	Macanese Style Bake Fish w/ Potato			
B	Sweet and Sour Chicken w/Rice & Vegetable	Yang Zhou Fried Rice w/ Vegetables			
C	Penne and Cheese w/ Vegetable	Grilled Chicken in White Sauce w/ Spaghetti and Vegetable			

~Please return this page to the school

Contact Information

For monthly menu's, you can also visit our website or contact us as follows:
www.sodexoeducation.com
E-mail : unit.tis.mu@sodexo.com
Telephone Number : 853 62085348

Date of Oct 2011	2	3	4	5	6	9	10	11	12	13	16	17	18	19	20	30	31
Menu Choice																	

Student Name : _____

Class : _____

Date : _____

Parent Name : _____

Contact No. : _____

Cheque No. : _____